PREGNANCY PREVENTION INTERVENTION IMPLEMENTATION REPORT

Intervention Name: *Teen Health Project: Community-Level HIV Prevention for Adolescents in Low-Income Housing Developments*

Developer: Kathleen J. Sikkema, PhD, Jeffery A. Kelly

Program Description: The "*Teen Health Project*" is a community-level intervention designed to help adolescents develop behavior modification skills. The program is designed to reduce sexual activity, increase condom use and negotiation skills, and enable participants to reduce risky sexual behaviors. The program consists of adolescent and parent workshops, as well as a community-based teen leadership council.

Component 1: Adolescent Workshops

This component includes two workshops (one per week, three hours each) delivered by two trained facilitators. Workshops are designed to empower participants in avoiding unwanted sexual activity, negotiation skills, condom use, and avoiding risky behaviors. Following each workshop, participants attend follow-up sessions with peers from their social networks in the housing development.

The workshop component is adapted from three other programs: (1) Be Proud! Be Responsible!; (2) Adolescents Living Safely: AIDS Awareness, Attitudes, and Actions; and (3) Becoming a Responsible Teen (BART).

Component 2: Community-Level Intervention

This component has two parts. The first is the formation of a teen leadership council, which is populated through a nomination process from each workshop group. The council meets weekly for six months to implement community activities. The second part is a 90-minute HIV/AIDS workshop for parents focusing on information about HIV and AIDS and on ways to discuss sexual health-related issues with children. Participants are engaged in parent-teen communication skills-building exercises and can view a condom demonstration if they choose.

Target Population: Available information describes the target population as high-risk adolescents, from urban, ethnically diverse, low-income communities.

Curriculum Materials: The curriculum package can be purchased online at http://www.socio.com/passt25.php.

Training and TA: Two facilitators lead the workshop, follow-up sessions, and teen leadership council events. They are not required to have any formal training, but are expected to familiarize themselves with the materials and associated videos.

Research Evidence[1]

Study Citation: Sikkema K. J., Anderson, E. S., Kelly, J. A., Winett, R. A., Gore-Felton, C., Roffman, R. A., Heckman, T. G., Graves, K., Hoffmann, R. G., & Brondino. M. J. (2005). Outcomes of a randomized, controlled community-level HIV prevention intervention for adolescents in low-income housing developments. *AIDS, 19*(14), 1509–1516.

Population Evaluated: Adolescents from housing developments in urban areas with high rates of poverty, STDs, and drug use

- Age range 12 to 17 years (mean age 14.5 years)

- 51% African-American, 20% Asian, 10 % East African, and 5% other

- 50% male and 50% female

Setting: Low-income housing developments in Milwaukee and Racine, Wisconsin; Roanoke, Virginia; and Seattle and Tacoma, Washington

Study Findings: At the 12-month follow-up: adolescents participating in the intervention who were sexually inexperienced at baseline were significantly more likely to report having remained abstinent at the time of follow-up.

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[1] This summary of evidence is limited to studies of the intervention meeting the inclusion criteria and evidence standards for the Pregnancy Prevention Research Evidence Review. Findings from these studies include only those showing a statistically significant positive impact on sexual risk behavior or its health consequences. Studies may present other positive findings beyond those described; however, they were not considered as evidence for effectiveness because they focused on non-priority outcomes or subgroups, did not meet baseline equivalence requirements, or were based on follow-up data with high sample attrition. For additional details on the review process and standards, see the review's Technical Documentation.